

- ◆ The Adductor/Abductor combo machine can be used to isolate both your adductors and abductors depending on the exercise chosen. The machine features easy adjustment for range of motion.

ADDUCTOR /  
ABDUCTOR COMBO.  
JPL-506

- ◆ **DIMENSION:**  
Length : 67 inches / 170 cms  
Width : 36 inches / 91 cms  
Height : 58 inches / 147 cms  
Weight Stack : 220lbs / 100kg
- ◆ **MUSCLE WORKED:**  
Glutes  
Adductors / Abductors

